

# TAG RUGBY 2010



## WHY PLAY TAG RUGBY?

Tag or Flag Rugby has the following advantages over traditional games of touch rugby:

- It shows clearly when a tackle is made and prevents arguments
- It allows players to easily officiate their own games
- It gives a real incentive for defenders to defend
- It momentarily takes the 'tackler' out of the game as would occur in full contact rugby, allowing more time and space for the attacking team
- It encourages the correct lines of running required for success in the full 15-a-side game
- Most importantly Tag Rugby is a fun game that the entire family can play

Teachers, coaches, and players need no previous knowledge of rugby to get started and this makes Tag Rugby an ideal game for girls and boys of all ages and abilities. In Tag Rugby, there is a total emphasis on running with the ball, evasion, running in support of the ball carrier, passing, and running to tag the ball carrier. In Tag Rugby there is:

NO CONTACT tackling

No push off/fend off/flag defending

No going to ground

No scrummage

No lineout

No ripping of the ball

No spinning through the tackle

No jumping through the tackle

No barging to go through the tackle

## TARGET AGE GROUPS

*Active Start*

Males/Females Age 3-6

*FUNDamentals "KICK OFF to Rugby!"*

Males/Females Age 6-9

*Learning to Train "DEVELOP the Basics"*



Males/Females Age 9-12

## SCHEDULE AND LOCATIONS

APRIL						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

MAY						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JUNE						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

 Training/Game Night • ES Laird School • 6:00pm  
 Festival of Rugby • Bishop Lloyd School • TBD

 Family Training/Game Night • ES Laird School • 6:00pm  
 Fun Day & Wind Up • ES Laird School • 10:30am

## PLAYER FEES

\$40 / player – Cash or Cheque made payable to the "Lloydminster Reapers Rugby Club"

## TAG RUGBY EQUIPMENT

*Player Supplied*

T-Shirt or Suitable Jersey

Athletic Shorts/Pants (Black preferred)

Athletic Shoes, Cleats, or as conditions require

Rugby/Soccer Socks (Black preferred)

Training/Game Nights occur rain or shine, players should dress appropriately for the conditions.

*Club Supplied for Use*

Rugby Balls

Belt and Tags (Ribbons/Flags)

Training Gear

*Club Supplied with Payment of Player Fees*

Jersey

Rugby Ball

## REGISTRATION

Wednesday March 24, 2010 • ES Laird School Lloydminster, SK • 7:00pm to 8:00pm

## CONTACT

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